

COSY CLUB

Adults need around 2000 Kcals a day

* All Kcal's are per serving

MENU CATEGORY	DISH	CALORIES KCAL*
BRUNCH	Classic Breakfast	1054
BRUNCH	SERVED WITH A CHOICE OF FRIED, POACHED OR SCRAMBLED EGG	
BRUNCH	Add Fried Egg	107
BRUNCH	Poached Egg	66
BRUNCH	Add Scrambled Egg	205
BRUNCH	Boston Brunch	883
BRUNCH	SERVED WITH A CHOICE OF FRIED, POACHED OR SCRAMBLED EGG	
BRUNCH	Add Fried Egg	107
BRUNCH	Poached Egg	66
BRUNCH	Add Scrambled Egg	205
BRUNCH	Butchers Brunch	1279
BRUNCH	SERVED WITH A CHOICE OF 2 FRIED, POACHED OR SCRAMBLED EGGS	
BRUNCH	With Fried Eggs	215
BRUNCH	With Poached Eggs	133
BRUNCH	With Scrambled Eggs	410
BRUNCH	Vegan Garden Breakfast	959
BRUNCH	Vegan Fry-Up	829
BRUNCH	Cosy Eggs with Smoked Back Bacon	638
BRUNCH	Cosy Eggs with Spinach & Mushrooms	644
BRUNCH	Bubble and Squeak w/ Bacon and Avocado	775
BRUNCH	Bubble and Squeak w/ Flat Mushroom and Avocado	724
BRUNCH	Huevos Rancheros w/ Chorizo	750
BRUNCH	Huevos Rancheros w/ Mushrooms and Feta	679
BRUNCH	Shakshuka	609
BRUNCH	Shakshuka with Smoked Streaky Bacon	735
BRUNCH	Shakshuka with Feta	722
BRUNCH	Shakshuka with Chorizo	788
BRUNCH	Vegan Shakshuka	786
BRUNCH	Smashed Avocado	427
BRUNCH	Smashed Avocado with Poached Egg	494
BRUNCH	Smashed Avocado with Halloumi	634
BRUNCH	Smashed Avocado with Vine Tomatoes	465
BRUNCH	Smashed Avocado with Streaky Bacon	617
BRUNCH	Ham Hock Hash	817
BRUNCH	Buttermilk Pancakes Bacon, Maple & Blueberries (3)	758
BRUNCH	Buttermilk Pancakes Bacon, Maple & Blueberries (6)	1449
BRUNCH	Buttermilk Pancakes Berries, Banana & Yogurt (3)	641
BRUNCH	Buttermilk Pancakes Berries, Banana & Yogurt (6)	1162
BRUNCH	Streaky Bacon Bun	651
BRUNCH	Back Bacon Bun	682
BRUNCH	Cumberland Sausage Bun	701
BRUNCH	Vegan Sausage Bun	594
BRUNCH	Sourdough Toast with Blackcurrant Jam	574
BRUNCH	Sourdough Toast with Marmalade	574
BRUNCH	Sourdough Toast with Marmite	469
BRUNCH	Sourdough Toast with Strawberry Jam	574
SANDWICHES	ALL SANDWICHES ARE SERVED WITH FRIES	
SANDWICHES	Fish Finger Sandwich	1227
SANDWICHES	Cosy Club Sandwich	1433

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MENU CATEGORY	DISH	CALORIES KCAL*
SMALL PLATES	Nocellara Olives	163
SMALL PLATES	House Sourdough Loaf	678
SMALL PLATES	Asian Fried Chicken	303
SMALL PLATES	Fried Halloumi	512
SMALL PLATES	Bang Bang Cauliflower	370
SMALL PLATES	Burrata with Olive Oil	401
SMALL PLATES	Burrata with Green Herb Dressing	427
SMALL PLATES	Burrata with San Marzano Tomatoes	440
SMALL PLATES	Crispy Duck Salad (Small Plate)	285
SMALL PLATES	Charred Broccoli	282
SMALL PLATES	Sun-dried Tomato & Mozzarella Arancini	514
SMALL PLATES	Spanish Chicken & Chorizo (Small Plate)	576
SMALL PLATES	Garlic Prawns	466
SMALL PLATES	Harissa Lamb Shoulder (Small Plate)	379
BURGERS	<i>ALL BURGERS ARE SERVED WITH FRIES & SLAW</i>	
BURGERS	Dirty Chicken Burger	1984
BURGERS	House Beef Burger	1275
BURGERS	Vegan Cheeseburger	1290
MAINS	Avocado & White Bean Hummus Bowl	725
MAINS	Primavera Salad	690
MAINS	Caesar Salad	849
MAINS	Roast Feta & Tomato Tart	977
MAINS	Crispy Duck Salad (Large Plate)	566
MAINS	Seared Seabass	571
MAINS	Buttermilk Chicken	1182
MAINS	Green Risotto	467
MAINS	Green Risotto w Herb Marinated Chicken	680
MAINS	Confit Duck Leg	931
MAINS	Spanish Chicken & Chorizo (Large Plate)	964
MAINS	Salmon Fishcakes	755
MAINS	Roast Harissa Cauliflower	791
MAINS	Harissa Lamb Shoulder (Large Plate)	714
STEAKS	<i>ALL STEAKS ARE SERVED WITH FRIES & SLAW</i>	
STEAKS	10oz Ribeye Steak w/ Vine Tomatoes	830
STEAKS	10oz Ribeye Steak w/ Rocket & Twineham Grange	855
STEAKS	8oz Flat Iron Steak w/ Vine Tomatoes	694
STEAKS	8oz Flat Iron Steak w/ Rocket & Twineham Grange	718
STEAKS	Steak Add - Bearnaise Sauce	107
STEAKS	Steak Add - Green Herb Dressing (Chimichurri)	107
STEAKS	Steak Add - Peppercorn Sauce	70
STEAKS	Steak Add - Garlic & parmesan butter	111
STEAKS	Steak Side Option - Rocket & Parmesan Salad	62
STEAKS	Steak Side Option - Vine Roasted Tomatoes Steak	37
SIDES	Creamed Spinach	183
SIDES	Onion Rings	417
SIDES	Tenderstem Broccoli Side	123
SIDES	House Salad Side	183
SIDES	Potato, Leek & Twineham Grange Dauphinoise	362
SIDES	Garlic French Beans	194

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MENU CATEGORY	DISH	CALORIES KCAL*
SIDES	Roast Baby Potatoes	406
SIDES	Mac & Cheese Side	556
SIDES	Fries Side	381
DESSERTS	Valrhona Chocolate Brownie	604
DESSERTS	Lemon Posset	565
DESSERTS	Vegan Cheesecake	448
DESSERTS	Affogato	159
DESSERTS	Apple Tarte Fine	587
DESSERTS	Salted Caramel Cheesecake	631
KIDS BRUNCH	Kids Cosy Breakfast	645
KIDS BRUNCH	SERVED WITH A CHOICE OF FRIED, POACHED OR SCRAMBLED EGG	
KIDS BRUNCH	<i>With Fried Egg</i>	107
KIDS BRUNCH	<i>With Poached Egg</i>	66
KIDS BRUNCH	<i>With Scrambled Egg</i>	205
KIDS BRUNCH	Kids Buttermilk Pancakes Berries, Banana & Yogurt	416
KIDS BRUNCH	Kids Cheesy Beans on Toast	394
KIDS MAINS	Kids Vegan Stir Fry	225
KIDS MAINS	Kids Macaroni Cheese	756
KIDS MAINS	THE BELOW KIDS MAINS ARE SERVED WITH SALAD OR CHIPS	
KIDS MAINS	<i>With Side Salad</i>	44
KIDS MAINS	<i>With Fries</i>	253
KIDS MAINS	Kids Sausages Beans	289
KIDS MAINS	Kids Vegan Sausages Beans	211
KIDS MAINS	Kids Breaded Chicken Goujons	296
KIDS MAINS	Kids Fish Fingers	229
KIDS MAINS	Kids 100% Beef Burger	509
KIDS MAINS	Kids Vegan Burger	509
KIDS DESSERTS	Kids Vanilla Ice Cream	263
KIDS DESSERTS	Kids Scoop Ice Cream	78
KIDS DESSERTS	Kids Chocolate Brownie	367
KIDS DESSERTS	Kids Fruit Bowl	111
GF BRUNCH	GF Classic Breakfast	1067
BRUNCH	SERVED WITH A CHOICE OF FRIED, POACHED OR SCRAMBLED EGG	
BRUNCH	<i>With Fried Egg</i>	107
BRUNCH	<i>With Poached Egg</i>	66
BRUNCH	<i>With Scrambled Egg</i>	205
GF BRUNCH	GF Butchers Brunch	1330
BRUNCH	SERVED WITH A CHOICE OF 2 FRIED, POACHED OR SCRAMBLED EGGS	
BRUNCH	<i>With Fried Eggs</i>	215
BRUNCH	<i>With Poached Eggs</i>	133
BRUNCH	<i>With Scrambled Eggs</i>	410
GF BRUNCH	GF Boston Brunch	895
BRUNCH	SERVED WITH A CHOICE OF FRIED, POACHED OR SCRAMBLED EGG	
BRUNCH	<i>With Fried Egg</i>	107
BRUNCH	<i>With Poached Egg</i>	66
BRUNCH	<i>With Scrambled Egg</i>	205
GF BRUNCH	GF Vegan Garden Breakfast	972
GF BRUNCH	GF Vegan Fry-Up	842
GF BRUNCH	GF Cosy Eggs with Smoked Back Bacon	666

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MENU CATEGORY	DISH	CALORIES KCAL*
GF BRUNCH	GF Cosy Eggs with Spinach & Mushrooms	681
GF BRUNCH	GF Bubble and Squeak w/ Bacon and Avocado	775
GF BRUNCH	GF Bubble and Squeak w/ Flat Mushroom and Avocado	724
GF BRUNCH	GF Shakshuka	622
GF BRUNCH	GF Shakshuka with Smoked Streaky Bacon	748
GF BRUNCH	GF Shakshuka with Feta	734
GF BRUNCH	GF Shakshuka with Chorizo	800
GF BRUNCH	GF Smashed Avocado	440
GF BRUNCH	GF Smashed Avocado with Halloumi	646
GF BRUNCH	GF Smashed Avocado with Poached Egg	506
GF BRUNCH	GF Smashed Avocado with Vine Tomatoes	477
GF BRUNCH	GF Smashed Avocado with Streaky Bacon	630
GF BRUNCH	GF Streaky Bacon Bun	525
GF BRUNCH	GF Back Bacon Bun	557
GF BRUNCH	GF Cumberland Sausage Bun	576
GF BRUNCH	GF Toast with Blackcurrant Jam	599
GF BRUNCH	GF Toast with Marmalade	599
GF BRUNCH	GF Toast with Strawberry Jam	599
GF SMALL PLATES	GF Bang Bang Cauliflower	370
GF SMALL PLATES	GF Burrata with Olive Oil	401
GF SMALL PLATES	GF Burrata with Green Herb Dressing	427
GF SMALL PLATES	GF Burrata with San Marzano Tomatoes	440
GF SMALL PLATES	GF Crispy Duck Salad (Small Plate)	285
GF SMALL PLATES	GF Charred Broccoli	282
GF SMALL PLATES	GF Spanish Chicken & Chorizo (Small Plate)	537
GF SMALL PLATES	GF Garlic Prawns	426
GF SMALL PLATES	GF Harissa Lamb Shoulder (Small Plate)	380
GF MAINS	GF Avocado & White Bean Hummus Bowl	725
GF MAINS	GF Primavera Salad	690
GF MAINS	GF Caesar Salad	849
GF MAINS	GF Crispy Duck Salad (Large Plate)	566
GF MAINS	GF Green Risotto	467
GF MAINS	GF Green Risotto w Herb Marinated Chicken	680
GF BURGERS	BURGER SERVED WITH FRIES & SLAW	
GF BURGERS	GF House Beef Burger	1150
GF MAINS	GF Confit Duck Leg	931
GF MAINS	GF Spanish Chicken & Chorizo (Large Plate)	791
GF MAINS	GF Roast Harissa Cauliflower	791
GF MAINS	GF Harissa Lamb Shoulder (Large Plate)	724
GF STEAKS	ALL STEAKS ARE SERVED WITH FRIES & SLAW	
GF STEAKS	GF 10oz Ribeye Steak w/ Rocket & Twineham Grange	855
GF STEAKS	GF 10oz Ribeye Steak w/ Vine Tomatoes	830
GF STEAKS	GF 8oz Flat Iron Steak w/ Rocket & Twineham Grange	718
GF STEAKS	GF 8oz Flat Iron Steak w/ Vine Tomatoes	694
GF STEAKS	GF Steak Add - Bearnaise Sauce	107
GF STEAKS	GF Steak Add - Green Herb Dressing (Chimichurri)	107
GF STEAKS	GF Steak Add - Peppercorn Sauce	70
GF STEAKS	GF Steak Add - Garlic & parmesan butter	111
GF STEAKS	GF Steak Side Option - Rocket & Parmesan Salad	62

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MENU CATEGORY	DISH	CALORIES KCAL*
GF STEAKS	GF Steak Side Option - Vine Roasted Tomatoes Steak	37
GF SIDES	GF Creamed Spinach	183
GF SIDES	GF Tenderstem Broccoli Side	123
GF SIDES	GF House Salad Side	183
GF SIDES	GF Fries Side	380
GF SIDES	GF Potato, Leek & Twineham Grange Dauphinoise	362
GF SIDES	GF Garlic French Beans	194
GF SIDES	GF Roast Baby Potatoes	406
GF DESSERTS	GF Valrhona Chocolate Brownie	604
GF DESSERTS	GF Lemon Posset	462
GF DESSERTS	GF Vegan Cheesecake	448
GF DESSERTS	GF Affogato	159
GF KIDS BRUNCH	GF Kids Cosy Breakfast	657
GF KIDS BRUNCH	SERVED WITH A CHOICE OF FRIED, POACHED OR SCRAMBLED EGG	
GF KIDS BRUNCH	<i>With Fried Egg</i>	107
GF KIDS BRUNCH	<i>With Poached Egg</i>	66
GF KIDS BRUNCH	<i>With Scrambled Egg</i>	205
GF KIDS BRUNCH	GF Kids Vegan Breakfast	609
GF KIDS BRUNCH	GF Kids Cheesy Beans on Toast	407
GF KIDS MAINS	THE BELOW KIDS MAINS ARE SERVED WITH SALAD OR CHIPS	
GF KIDS MAINS	<i>With Side Salad</i>	44
GF KIDS MAINS	<i>With Fries</i>	253
GF KIDS MAINS	GF Kids Sausages, Chips and Beans	289
GF KIDS MAINS	GF Kids Vegan Sausages, Chips and Beans	211
GF KIDS MAINS	GF Kids 100% beef burger	384
GF KIDS DESSERTS	GF Kids Vanilla Ice Cream	263
GF KIDS DESSERTS	GF Kids Chocolate Brownie	367
GF KIDS DESSERTS	GF Kids Fruit Bowl	111
VEGAN BRUNCH	VG Mexican Brunch w/ Mushrooms (Vegan Huevos Rancheros)	758
VEGAN BRUNCH	VG Smashed Avocado	427
VEGAN BRUNCH	VG Smashed Avocado with Vine Tomatoes	465
VEGAN BRUNCH	VG Toast with Blackcurrant Jam	545
VEGAN BRUNCH	VG Toast with Marmalade	545
VEGAN BRUNCH	VG Toast with Marmite	440
VEGAN BRUNCH	VG Toast with Strawberry Jam	545
VEGAN SMALL	VG House Sourdough Loaf with Oil & Balsamic Vinegar	612
VEGAN SMALL	VG Bang Bang Cauliflower	370
VEGAN SMALL	VG Charred Broccoli	282
VEGAN BURGERS	ALL BURGERS ARE SERVED WITH FRIES & SLAW	
SANDWICHES	<i>With Side Salad</i>	92
SANDWICHES	<i>With Fries</i>	381
VEGAN BURGERS	VG Vegan Cheeseburger	1290
VEGAN MAINS	VG Avocado & White Bean Hummus Bowl	725
VEGAN MAINS	VG Vegan Spring Risotto (GF)	428
VEGAN MAINS	VG Roast Harissa Cauliflower	791
VEGAN SIDES	VG Tenderstem Broccoli Side	123
VEGAN SIDES	VG House Salad Side	183
VEGAN SIDES	VG Fries Side	381
VEGAN SIDES	VG Roast New Potatoes	245

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MENU CATEGORY	DISH	CALORIES KCAL*
VEGAN KIDS	VG Kids Vegan Breakfast	596
VEGAN KIDS	VG Kids Beans on Toast	296
VEGAN KIDS	VG Kids Vegan Stir Fry	225
VEGAN KIDS	VG Kids Fruit Bowl	111
ADDS/ EXTRAS	Add Vegan Toast	199
ADDS/ EXTRAS	Add Roasted Vine Tomatoes	37
ADDS/ EXTRAS	Add Hollandaise	125
ADDS/ EXTRAS	Add Maple Syrup	106
ADDS/ EXTRAS	Add Baked Beans	97
ADDS/ EXTRAS	Add Avocado (0.25)	50
ADDS/ EXTRAS	Add 1/3 House Sourdough Loaf	132
ADDS/ EXTRAS	Add Beyond Burger	342
ADDS/ EXTRAS	Add Black Pudding	30
ADDS/ EXTRAS	Add Cheddar Slice (1)	83
ADDS/ EXTRAS	Add Feta	113
ADDS/ EXTRAS	Add Half Herb Chicken	213
ADDS/ EXTRAS	Add Half Panko Chicken Breast	243
ADDS/ EXTRAS	Add 2 Slices Fried Halloumi	206
ADDS/ EXTRAS	Add Ham Hock	158
ADDS/ EXTRAS	Add Kids Fries	253
ADDS/ EXTRAS	Add Pancake (1)	151
ADDS/ EXTRAS	Add Mac Cheese Fritter (1)	385
ADDS/ EXTRAS	Add Rosti (1)	152
ADDS/ EXTRAS	Add Scrambled Tofu	309
ADDS/ EXTRAS	Add Cumberland Sausage (1)	120
ADDS/ EXTRAS	Add Smoked Back Bacon (2)	222
ADDS/ EXTRAS	Add Smoked Streaky Bacon (2)	127
ADDS/ EXTRAS	Add Sourdough Toast (1)	214
ADDS/ EXTRAS	Add Vegan Hash Browns (2)	195
ADDS/ EXTRAS	Add Veggie Sausage (1)	81
ADDS/ EXTRAS	Add GF Toast Butter (1)	227
ADDS/ EXTRAS	Add Spinach	89
ADDS/ EXTRAS	Add Vegan Spinach	89
ADDS/ EXTRAS	Add Flat Mushrooms (2)	139
ADDS/ EXTRAS	Add Chorizo	179
ADDS/ EXTRAS	Add Garlic prawns	158
ADDS/ EXTRAS	Add ½ GF Roll	93
ADDS/ EXTRAS	Add Smoked Streaky Bacon (3)	190
ADDS/ EXTRAS	Add Rosti (2)	303
ADDS/ EXTRAS	Add Cheddar (1) & Streaky Bacon (2)	210
ADDS/ EXTRAS	Peppercorn Sauce	70
ADDS/ EXTRAS	Chimichurri Sauce	107
ADDS/ EXTRAS	Béarnaise Sauce	107
FINGER FOOD	Asian Fried Chicken	303
FINGER FOOD	Moroccan Toasts	130
FINGER FOOD	Whipped Feta & Confit Red Pepper Crostini	161
FINGER FOOD	Fried Halloumi	318
FINGER FOOD	Ham Hock, Vintage Cheddar & Mustard Croquettes	344
FINGER FOOD	Brownie Bites	237

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MENU CATEGORY	DISH	CALORIES KCAL*
SHARING FEAST	Asian Prawn & Sesame Noodles	121
SHARING FEAST	Feta & Baby Gem Salad	120
SHARING FEAST	Harissa Lamb Shoulder	237
SHARING FEAST	Charred Broccoli	141
SHARING FEAST	Roasted Baby New Potatoes	203
SHARING FEAST	Asian Fried Chicken	400
SHARING FEAST	Fried Halloumi	318
CANAPE	Avocado Crostini (Ea)	35
CANAPE	Moroccan Toasts (Ea)	65
CANAPE	Garlic Prawn (Ea)	39
CANAPE	Ham Hock, Vintage Cheddar & Mustard Croquettes (Ea)	112
CANAPE	Feta, Pea & Mint Bites (Ea)	160
CANAPE	Whipped Feta & San Marzaninos Tomatoes (Ea)	44
CHEESE PLATE	Cheese Plate	691
HOT DRINKS	Americano - Black	10
HOT DRINKS	Americano - Coconut	16
HOT DRINKS	Americano - Oat	30
HOT DRINKS	Americano - Skinny	23
HOT DRINKS	Americano - Soy	30
HOT DRINKS	Americano - Whole Milk	43
HOT DRINKS	Babyccino	43
HOT DRINKS	Babyccino - Coconut	34
HOT DRINKS	Babyccino - Oat	38
HOT DRINKS	Babyccino - Skinny	36
HOT DRINKS	Babyccino - Soy	38
HOT DRINKS	Cappuccino - Cup	64
HOT DRINKS	Cappuccino - Cup - Coconut	23
HOT DRINKS	Cappuccino - Cup - Skinny	33
HOT DRINKS	Cappuccino - Cup - Soy	43
HOT DRINKS	Cappuccino - Mug	117
HOT DRINKS	Cappuccino - Mug - Coconut	40
HOT DRINKS	Cappuccino - Mug - Oat	79
HOT DRINKS	Cappuccino - Mug - Skinny	60
HOT DRINKS	Cappuccino - Mug - Soy	79
HOT DRINKS	Flat White	97
HOT DRINKS	Flat White - Coconut	33
HOT DRINKS	Flat White - Oat	65
HOT DRINKS	Flat White - Skinny	50
HOT DRINKS	Flat White - Soy	65
HOT DRINKS	Hot Chocolate - Cup	163
HOT DRINKS	Hot Chocolate - Cup - Coconut	108
HOT DRINKS	Hot Chocolate - Cup - Oat	136
HOT DRINKS	Hot Chocolate - Cup - Skinny	122
HOT DRINKS	Hot Chocolate - Cup - Soy	136
HOT DRINKS	Hot Chocolate - Mug	237
HOT DRINKS	Hot Chocolate - Mug - Coconut	131
HOT DRINKS	Hot Chocolate - Mug - Oat	185
HOT DRINKS	Hot Chocolate - Mug - Skinny	159
HOT DRINKS	Hot Chocolate - Mug - Soy	185

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MENU CATEGORY	DISH	CALORIES KCAL*
HOT DRINKS	Iced Coffee	213
HOT DRINKS	Iced Coffee - Coconut	71
HOT DRINKS	Iced Coffee - Oat	143
HOT DRINKS	Iced Coffee - Skinny	108
HOT DRINKS	Iced Coffee - Soy	143
HOT DRINKS	Latte - Cup	85
HOT DRINKS	Latte - Cup - Coconut	30
HOT DRINKS	Latte - Cup - Oat	58
HOT DRINKS	Latte - Cup - Skinny	44
HOT DRINKS	Latte - Cup - Soy	58
HOT DRINKS	Latte - Mug	159
HOT DRINKS	Latte - Mug - Coconut	53
HOT DRINKS	Latte - Mug - Oat	107
HOT DRINKS	Latte - Mug - Skinny	81
HOT DRINKS	Latte - Mug - Soy	107
HOT DRINKS	Macchiato - Whole Milk	10
HOT DRINKS	Mocha - Cup	144
HOT DRINKS	Mocha - Cup - Coconut	88
HOT DRINKS	Mocha - Cup - Oat	117
HOT DRINKS	Mocha - Cup - Skinny	103
HOT DRINKS	Mocha - Cup - Soy	117
HOT DRINKS	Mocha - Mug	217
HOT DRINKS	Mocha - Mug - Coconut	112
HOT DRINKS	Mocha - Mug - Oat	165
HOT DRINKS	Mocha - Mug - Skinny	140
HOT DRINKS	Mocha - Mug - Soy	165
HOT DRINKS	Espresso	3
HOT DRINKS	Double Espresso	6
HOT DRINKS	Birchall Decafe	1
HOT DRINKS	Birchall English Breakfast	1
HOT DRINKS	Tea Pigs Chamomile	1
HOT DRINKS	Tea Pigs Earl Grey	1
HOT DRINKS	Tea Pigs Honeybush & Rooibos	1
HOT DRINKS	Tea Pigs Jasmine Pearls	1
HOT DRINKS	Tea Pigs Lemon & Ginger	1
HOT DRINKS	Tea Pigs Mao Feng Green	1
HOT DRINKS	Tea Pigs Peppermint	1
HOT DRINKS	Tea Pigs Super Fruit	1
MOCKTAILS	Pink Lemonade	136
MOCKTAILS	Morning Lemonade	12
MOCKTAILS	Cooling Lemonade	12
MOCKTAILS	Virgin Mary	60
MOCKTAILS	N&L Cherry Bakewell	236
NO & LOWS	N&L English Garden	46
NO & LOWS	N&L Espresso Martini	96
SOFT DRINKS	Apple Juice Kids	72
SOFT DRINKS	Apple Juice Large	225
SOFT DRINKS	Apple Juice Small	146
SOFT DRINKS	Artisan Agave Lemon Tonic	71

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MENU CATEGORY	DISH	CALORIES KCAL*
SOFT DRINKS	Artisan Barrel Smoked Cola	81
SOFT DRINKS	Artisan Pink Citrus Tonic	68
SOFT DRINKS	Big Tom Tomato Juice	45
SOFT DRINKS	Blackcurrant & Soda Kids	27
SOFT DRINKS	Blackcurrant & Soda Large	54
SOFT DRINKS	Blackcurrant & Soda Small	40
SOFT DRINKS	Cawston Press Sparkling Cloudy Apple	79
SOFT DRINKS	Cawston Press Sparkling Rhubarb & Sweet Apple	76
SOFT DRINKS	Cola Kids	95
SOFT DRINKS	Cola Large	191
SOFT DRINKS	Cola Small	143
SOFT DRINKS	Cranberry Juice Kids	111
SOFT DRINKS	Cranberry Juice Large	222
SOFT DRINKS	Cranberry Juice Small	166
SOFT DRINKS	Diet Cola	0
SOFT DRINKS	Diet Cola Large	0
SOFT DRINKS	Diet Cola Small	0
SOFT DRINKS	Fentimans Gently Sparkling Elderflower	88
SOFT DRINKS	Fentimans Rose Lemonade	113
SOFT DRINKS	Fentimans Traditional Ginger Beer	107
SOFT DRINKS	Fever Tree Light Tonic	30
SOFT DRINKS	Fever Tree Tonic	56
SOFT DRINKS	Freshly Squeezed OJ & Lemonade Large	322
SOFT DRINKS	Freshly Squeezed OJ & Lemonade Small	241
SOFT DRINKS	Freshly Squeezed Orange Juice Large	204
SOFT DRINKS	Freshly Squeezed Orange Juice Small	153
SOFT DRINKS	Frobisher's Cherry Juice	115
SOFT DRINKS	Frobisher's Grapefruit Juice	83
SOFT DRINKS	Genie Kombucha Crisp Citrus	55
SOFT DRINKS	Genie Kombucha Dry Apple	50
SOFT DRINKS	Icon Coca-Cola	594
SOFT DRINKS	Icon Diet Coke	1
SOFT DRINKS	Kids' Juice Apple & Mango	54
SOFT DRINKS	Kids' Juice Apple & Pear	54
SOFT DRINKS	Kids' Juice Apple & Summer Berries	50
SOFT DRINKS	Lemonade & Blackcurrant Large	132
SOFT DRINKS	Lemonade & Blackcurrant Small	66
SOFT DRINKS	Lemonade & Lime Large	132
SOFT DRINKS	Lemonade & Lime Small	66
SOFT DRINKS	Lemonade Kids	39
SOFT DRINKS	Lemonade Large	77
SOFT DRINKS	Lemonade Small	39
SOFT DRINKS	Lime & Soda Large	60
SOFT DRINKS	Lime & Soda Small	38
SOFT DRINKS	Milk Kids	94
SOFT DRINKS	Nix & Kix Blood Orange & Turmeric	64
SOFT DRINKS	Nix & Kix Cucumber & Mint	56
SOFT DRINKS	Nix & Kix Watermelon & Hibiscus	57
SOFT DRINKS	Orange Juice & Lemonade Large	332

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MENU CATEGORY	DISH	CALORIES KCAL*
SOFT DRINKS	Orange Juice & Lemonade Small	241
SOFT DRINKS	Orange Juice Kids	104
SOFT DRINKS	Orange Juice Large	209
SOFT DRINKS	Orange Juice Small	156
SOFT DRINKS	Pineapple Juice Kids	116
SOFT DRINKS	Pineapple Juice Large	232
SOFT DRINKS	Pineapple Juice Small	173
SOFT DRINKS	Sparkling Mineral Water 330ml	0
SOFT DRINKS	Sparkling Mineral Water 750ml	0
SOFT DRINKS	Still Mineral Water 330ml	0
SOFT DRINKS	Still Mineral Water 750ml	0
SOFT DRINKS	Tonic Kids	77
SOFT DRINKS	Tonic Large	154
SOFT DRINKS	Tonic Small	116